



Safari Child Care Center · 403 P Avenue · Milford, Iowa · 51351 · (712) 338-2731

October 17, 2011

Participants must be served milk at breakfast and lunch/dinner unless an exception statement from a medical authority is on file stating the nature of the problem, listing foods to avoid and alternate foods to be substituted.

Creditable

Acidified milk, cultured milk or kefir

Cow's milk, flavored or unflavored including chocolate, skim, non-fat or fat free, reduced fat or low fat, whole

Goats milk

Lactose-reduced

milkshakes-only the milk portion

Soy milk-(only if an exception statement is on file and the nutrients are similar to cow's milk)

I understand and have read what is creditable for milk and milk products at Safari Child Care Center. I am responsible for bringing in child's own product and understand the nutrients need to be similar to cow's milk.

SIGNATURE _____ DATE _____